



fractal.
espacio

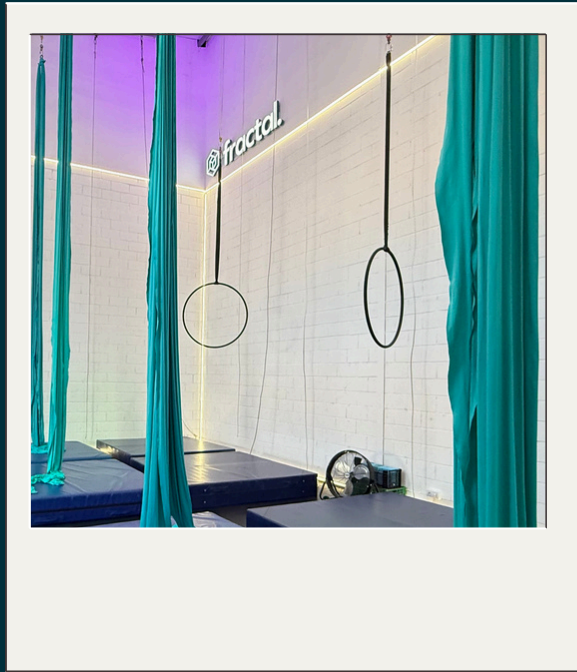
Alicante · Spain

**MAY 23 & 24
2026**

AERIAL WEEKEND

Rope · Silks · Harness dance
Flexibility · Exploring nature
Silk sailing pics · Good Vibes

·Mediterranean aerial training experience·



WHAT WILL WE DO?

A unique professional weekend that combines intensive aerial training, outdoor activities, community and enjoyment in one of the most beautiful areas of Spain: the Alicante coastline. You will train for a total of 10 hours with a top-level teaching team and take part in experiences designed to inspire you and expand your aerial practice.

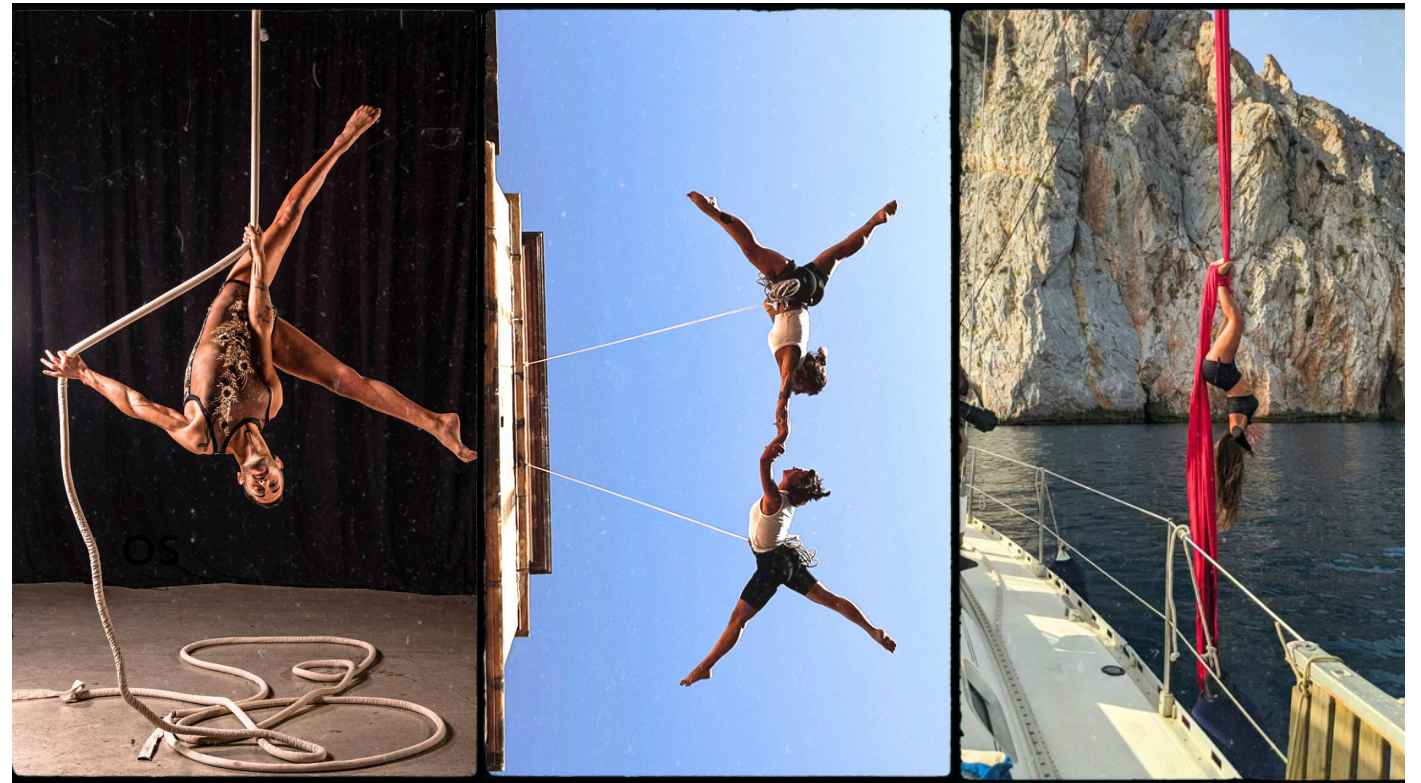


10,5 hours of professional training

- Flexibility - 1,5 hours
- Rope & Silks - 6 hours
- Dance with Harness - 3 hours

PARTICIPANT BASE LEVEL

- Silks & Rope: ability to invert, perform a lock, and beginning to swing
- Harness: no previous experience required



ALSO SPECIAL ACTIVITIES!

SPECIAL ACTIVITIES



Visit to Santa Bárbara Castle

A visit to this iconic medieval castle with breathtaking views over Alicante and the Mediterranean.



Sailing Afternoon

A sailing experience combining aerial acrobatics on silks or rope, suspended directly from the boat — a spectacular moment over the sea with unforgettable photos.



Mediterranean Food

Alicante's Mediterranean cuisine. Vegetarian and vegan options are available.

Alicante
**AERIAL
RETREAT**

May 23th - 24th | 2026

SCHEDULE

SATURDAY 23/5	SUNDAY 24/5
Welcome 9:30-10 am	
Rope & Silks 10-1 pm	Rope & Silks 10-1 pm
Lunch 1 -2 pm	Lunch 1 -2 pm
Dance with harness 2-5 pm	Flexibility 2-3:30 pm
Visit Santa Barbara Castle 6-8 pm	Silk shooting sailing 4-8 pm

TEACHING TEAM

INTERNATIONAL COACHES



Roque Bisciotti

Rope & Silks · Aerial Conditioning

Artist and Rope specialist with a background in circus, classical and contemporary dance.

Graduate of the professional Circus and Dance program at Circo de las Artes (FEDEC).

He has participated in international festivals and recently completed his third contract in "Messi10" by Cirque du Soleil as a Rope specialist and dancer.



Ana Hepner

Flexibility · Barre à Terre

Artist, teacher, and cultural manager with over 20 years of experience in training, creation, and stage direction.

Founder of Circo de las Artes and creator of the B.A.T.A. method (Assisted Barre à Terre).

She has directed productions in Argentina and Europe and created more than 100 stage acts circulating internationally.

LOCAL COACH

Cecilia Volpe

Dance with Harness

Artist and designer specialized in Vertical Dance, trained at Brenda Angiel school.

Teacher at Espacio Fractal since 2018 and performer in productions such as Murcia Vertical, El Vuelo de Da Vinci, Célula, and Inflexión.



Prices

- **International Fee: €350**
- **Ask for Fractal Community options.**

Included

- 10,5 hours of training (all workshops)
- Special activities
- Daily meals (only lunch)
- Training refreshments (fruit, granola, coffee, water)
- Transportation from Alicante city center to Espacio Fractal

Not included

- Accommodation is not included. However, upon request, the team can recommend friendly Airbnbs.
- Flights and transportation to Alicante are not included.
- Breakfasts and dinners are not included.

What to bring

- Comfortable training clothes suitable for aerial disciplines.
- Elastic bands (if you have them).
- A positive attitude and openness to enjoy the experience.
- All necessary circus equipment (silks, rope, harnesses, etc.) will be provided by the camp. Participants are welcome to bring their own silks, rope, or straps if they prefer.

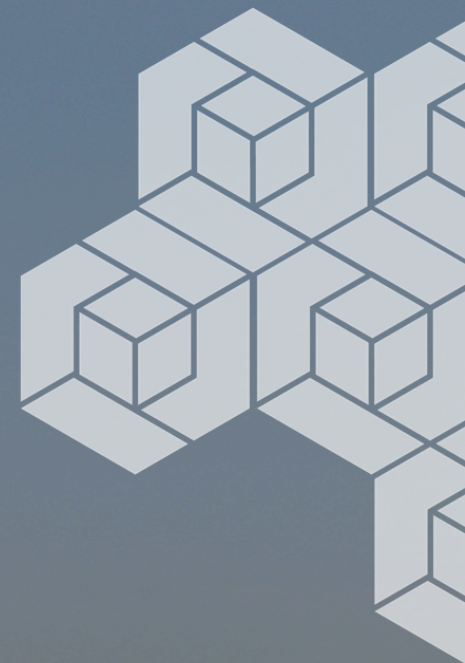
Insurance

Insurance is included for all participants. Participants may take out additional personal insurance if they wish.

Language

The retreat will be bilingual: Spanish and English.

**Come and enjoy
of our sunny
city doing
aerial dance!**



fractal.
espacio



CONTACT

@espaciofractal
alejo@somoscast.com
+34 600 079 911 (Alejo)

LOCATION

Alisios 47
Pla de la Vallonga
Alicante · España

REGISTRATION FORM